



Little Owls Day Nursery- Summer Menu 2022  
Morning and Afternoon Snacks Included in our Fees

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast £0.50	Children can choose from a selection of wholegrain cereals, toast with a variety of spreads and toppings or fruit and fromage frais.				
Morning Snack	Toast fingers and Orange Wedges	Crackers, cheese and Cucumber	Crudites with 'dip of the day'	Bananas with Bread Sticks	Digestive Biscuit and Cheese and Apple
Lunch £2.50	Chicken, Bacon and Cheese Bake Served Croquette Potatoes & Vegetable Medley ----- Home-made shortbread biscuit	Vegetarian Sausage casserole served with West Country Cheddar Mash & Broccoli ----- Home-made orange drizzle cake	Fish Goujons served with Potato Wedges and Garden Peas ----- Strawberries & Cream	Roast Chicken in Gravy served with, Baby potatoes and seasonal Vegetables ----- Fruit Jelly with fruit chunks	Beef Bolognese in a Tomato and Herb sauce served with Penne Pasta ----- Fruit Salad with natural yoghurt
Alternative Meal (vegan & allergy friendly)	Meat free Mushroom and chicken style pie, croquet potatoes and vegetable medley	Vegetarian Hotpot served with broccoli	Tomato and basil penne and garden peas	Vegetable Gratin, baby potatoes and mixed veg	Lentil Bolognese served with penne
Afternoon Snack	Crudites with 'dip of the day'	Toast fingers with melon wedges	Crackers, Cheese and Cucumber	Digestive Biscuit and Cheese and Apple	Melon with Toast Fingers
Tea £1.30	Warm Buttered Crumpets served with a variety of toppings ----- Raspberry Ripple Mousse	Ploughmans Tea Crackers, oat-biscuits, cheese, tomatoes grapes, apples and cucumbers ----- Buttered Malt Loaf	Jacket Potato served with a choice of Tuna Mayo & Sweetcorn or Cheese and Baked beans ----- Melon Medley	Chipolata sausage served in a finger roll & crudites ----- Milk Ice Lolly	Picnic Tea Sandwiches with a variety of fillings served with Cucumber sticks & Breadsticks ----- Ice-cream

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast £0.50	Children can choose from a selection of wholegrain cereals, toast with a variety of spreads and toppings or fruit and fromage frais.				
Morning Snack	Bananas and Toast fingers	Melon with Bread Sticks	Crackers, Cheese and Cucumber	Digestive Biscuit, Cheese and Apple	Crudites with dip of the day
Lunch £2.50	BBQ Mexican Bean & Jackfruit served with garden peas & potato wedges ----- Fruit Jelly with fruit chunks	Chicken Breast cooked in a sweet and sour sauce with mixed vegetables served with rice ----- Yeo Valley Fruit Yoghurt	Sausages in onion Gravy served with Yorkshire pudding Roast Potato & Seasonal Veg ----- Berry Cupcake	Fishcakes with oven chips and sweetcorn ----- Summer berries & Ice cream	Katsu Curry served with vegetables and white rice (Vegan Friendly but contains soya) ----- Chocolate Oaty Bar
Alternative Meal (Vegan & Allergy friendly)	N/A Main meal is suitable for all	Vegetarian Tikka Masala with rice and mixed veg	Sweet Potato, Tomato and Lentil Crumble	Ratatouille with sweetcorn and Penne	Allergy free alternative: Chicken chasseur with rice and mixed veg
Afternoon Snack	Crackers, cheese and Cucumber	Crudites with dip of the day	Orange wedges & toast fingers	Bananas with Bread Sticks	Toast Fingers and Melon Slices
Tea £1.30	Chipolata sausage served in a finger roll & crudites ----- Milk Ice Lolly	Warm Buttered Crumpets served with a variety of toppings ----- Raspberry Ripple Mousse	Picnic Tea: Sandwiches with a variety of fillings with Cucumber & Breadsticks ----- Ice-cream	Jacket Potato served with a choice of Tuna Mayo & Sweetcorn or Cheese & Beans ----- Melon Medley	Ploughman's Tea Crackers, oat-biscuits, cheese, tomatoes, grapes, apples & cucumbers ----- Buttered Malt Loaf

