



Little Owls Day Nursery- Summer Menu 2025

Morning and Afternoon Snacks Included in our Fees



| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|---|--|--|--|--|
| Breakfast 50p | Children can choose from a selection of wholegrain cereals, toast with a variety of spreads and toppings or fruit and fromage frais. | | | | |
| Morning Snack | Rice Cakes and Orange Wedges | Crackers, cheese and Cucumber | Crudités with 'dip of the day' | Bananas with Bread Sticks | Digestive Biscuit and Cheese and Apple |
| Lunch £4.00 | Chicken Korma with white rice & Vegetables Contains Dairy ----- Raspberry Swiss Roll ----- Allergen Alternative Tomato Based Curry/Vegetable Tikka Masala | Baked Chicken and Vegetable Pie with Croquet Potatoes and Green beans Contains Gluten ----- Strawberry Mousse ----- Allergen alternative Chicken in Tomato and Basil Sauce | Vegetable Lasagne with garlic bread & Peas Contains Gluten and Dairy ----- Vanilla Ice cream with Berry Compote ----- Allergen Alternative Vegetable Bolognaise with Pasta | Fish finger with Chips & Baked Beans Contains Wheat ----- Fruit Salad ----- Allergen Alternative Gluten free fingers/Vegetable fingers | Sausages in gravy with baby potatoes & Vegetables Contains Gluten ----- Fruit Yoghurt ----- Allergen alternative Vegetarian/Gluten free sausages |
| Afternoon Snack | Crudités with 'dip of the day' | Toast fingers with melon wedges | Crackers, Cheese and Cucumber | Digestive Biscuit and Cheese and Apple | Melon with Toast Fingers |
| Tea £2.00 | Finger sandwiches with a variety of fillings served with pom bears ----- Fromage Frais | Cheese Pasta Salad ----- Melon Medley | Ploughman's Tea Crackers, oat-biscuits, cheese, tomatoes, grapes, apples and cucumbers ----- Malt Loaf | Chipolata sausage or vegetarian sausage served in a finger roll & crudités ----- Strawberries & Cream | Muffin Pizzas with cucumber sticks ----- Friut Ice Lolly |

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------|---|---|--|---|--|
| Breakfast | Children can choose from a selection of wholegrain cereals, toast with a variety of spreads and toppings or fruit and fromage frais. | | | | |
| Morning Snack | Bananas and Toast fingers | Melon with Bread Sticks | Crackers, Cheese and Cucumber | Digestive Biscuit, Cheese and Apple | Crudité's with dip of the day |
| Lunch | Hunters Chicken with Wedges and Carrot tips Contains Dairy ----- Fromage Frai's ----- Allergen Alternative Dairy free Chicken and Vegetable pie | Fish Cakes with Chips & Peas Contains Wheat ----- Fruit Trifle ----- Allergen Alternative Gluten free fishcakes | Chilli Con Carne with Rice and Vegetables Allergen free ----- Ice Lolly ----- Vegetarian Alternative Available | Sausages in Gravy Roasted Potatoes & Broccoli Contains Gluten & Dairy ----- Berries & Cream ----- Allergen Alternative Gluten free Sausages with roast potatoes | Penne Paste in a tomato and herb sauce with garlic bread, peas sweetcorn Contains Gluten ----- Lemon Swiss Roll ----- Gluten free Penne Tomato Pasta |
| Afternoon Snack | Crackers, cheese and Cucumber | Crudité's with dip of the day | Rice Cakes and Orange wedges | Bananas with Bread Sticks | Toast Fingers and Melon Slices |
| Tea | Chipolata sausage or vegetarian sausage served in a finger roll & crudité's ----- Buttered Malt Loaf | Wraps with a variety of Fillings ----- Milk Ice Lolly | Jacket Potatoes with variety of toppings ----- Ice-cream | Sandwiches with a variety of fillings with Cucumber & Breadsticks ----- Melon Medley | Ploughman's Picnic Tea Crackers, oat-biscuits, cheese, tomatoes, grapes, apples & cucumbers ----- Fromage Frai's |